

DETAILED AGENDA

10:00 AM – 10:30 AM | 30 mins

Registrations

10:20 AM - 10:30 AM | 10 mins

Welcome Address

by **Ramkrishna Sinha** (he/him),
Co-Founder of Pride Circle & Rainbow Bazaar

10:30 AM – 10:45 AM | 15 mins

Opening Keynote

by **Nilesh Iyer** (he/him),
Chief Executive Officer at Natixis Global Services
(India) Pvt. Ltd.

10:45 AM – 11:30 AM | 45 mins

Panel Discussion

**Future-Ready Leadership - Mental Health, Tech
& Personalization at Work**

featuring-

Bharat Patel (he/him), Head of Bangalore
Center & VP Corporate Infrastructure
Technology at Nasdaq

Anuradha Wariar (she/her), Executive Director,
Human Resources at Morgan Stanley

Ramya K R (she/her), Vice President, Global
Delivery Leadership – Advanced Delivery at
Kyndryl Solutions Private Limited

Ranjana Karunakaran (she/her), Diversity, Equity
& Inclusion at Nagarro

Can leadership keep up with how fast the
workplace is changing? This panel explores how
tech, personalization, and empathy are shaping
a new era of mental health support and what
that means for the leaders of tomorrow.



People, Wellbeing & Thriving Summit

11:30 AM – 12:30 PM | 60 mins

Workshop

**From Anxious to Burned Out - How Gen-X,
Millennials & Gen-Z Tackle Workplace Stress**

featuring-

Ramkrishna Sinha (he/him), Co-Founder at Pride
Circle & Rainbow Bazaar

Discover how generational experiences shape
responses to workplace stress. Through real-
world insights and a dynamic case study, this
workshop unlocks strategies for empathy,
accountability, and collaboration across Gen Z,
Millennials, and Gen X.

12:30 PM – 1:00 PM | 30 mins

Masterclass

People Managers: Where's my Mental Health

featuring-

Shiv Kumar (he/him), Head of Human Resources
- India at the Merck Group

People managers are often the first line of
support but who's checking in on them? This
session takes a hard look at the emotional load
managers carry, and offers solutions to help
them care for themselves too.

1:00 PM – 1:45 PM | 45 mins

Networking Lunch

1:45 PM – 2:15 PM | 30 mins

Masterclass

Neurodiversity in the Workplace

featuring-

Archana GS (she/her), Head of Autism at Work
Program at SAP

How can we build workplaces that work for every
mind? This masterclass unpacks how we can
rethink hiring and onboarding to redesigning
communication, feedback, and everyday
collaboration, and explores what it takes to create
environments where neurodivergent professionals
are not just included, but set up to succeed.

2:15 PM – 3:00 PM | 45 mins

Panel Discussion

**Beyond the Silos - Mental Health & its
Intersections**

featuring-

Dr. Sai Kaustuv Dashgupta (he/him), Certified
Happiness Coach, Global Motivational Speaker;
Founder at Happiness Unlimited

Chandini Gagana (she/her), Poet; Founder &
Executive Director at Payana

Pragya Prasun (she/her), Acid Attack Survivor &
Founder at Atijeevan Foundation

Akshay Tyagi (he/him), Head of Diversity, Equity &
Inclusion at The Lalit Suri Hospitality Group

What happens when mental health meets
identity, trauma, and exclusion in the workplace?
This panel brings together a transwoman, a
disabled professional, and an acid attack survivor
to share their lived experiences and remind us
why mental health support must be as diverse as
the people it aims to serve.

3:00 PM – 3:15 PM | 15 mins

Closing Remarks

by **Smitha Krishnamurthy** (she/her),
VP Head (APAC) of HR Business Partners & Talent
Acquisition at Nasdaq